



**Family group conferences  
give your family a central  
role in making decisions.**

For more information please see the  
Family Rights Group website: [frg.org.uk](http://frg.org.uk)

## Contact

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All our Family Group Conference Coordinators have attended  
accredited training

*Just Psychology CIC is a not-for profit social enterprise. We are a  
multidisciplinary group of professionals providing services to address  
the psychological and mental health needs of children, adults and  
families, with particular emphasis on cultural diversity, cultural  
competence and social justice.*



# Family Group Conferences



Information for  
**families**



## Why are we having a family group conference?

Families know each other best and are often the very people to plan best for a child or young person's needs.

## What happens at the meeting?

**Part 1: Sharing Information** This is where your family meets with the co-ordinator and any people involved with your family. They will say what they think about the situation and what help they can offer.

You can ask for additional information from the coordinators while they are there. You and your family will then be left alone to discuss the situation.

## Who comes to the meeting?

The co-ordinator will discuss and plan with you and your young person who to invite to the conference. Important family friends to the young person may also attend.

The co-ordinator will assist with travel arrangements on the day of the meeting where necessary.

Other people involved with your family, such as a teacher, health visitor or youth worker, may be invited to assist, to share information and offer support. They will only attend parts of the meeting. Private family time in the middle is the most important.

**Part 2: Private Family Time** You and your family talk in private to agree the best plan, decide who needs to do what, and work out how you can be sure it is working. The co-ordinator can join you if you need information, help or refreshments.

**Part 3: The Plan** The co-ordinator will go through the plan with you to make sure it meets the needs of your child and is agreed by everyone at the meeting. Everyone involved will be asked to agree your plan. If they consider it might not keep your child safe, you may be asked to change some of the plan. This is your plan. You and your family have the responsibility for the plan and the monitoring of it. You will work together to put it into action and make it a success. You may want to agree a date to review it.

## Where will the conference be held?

Every effort will be made to hold the meeting at a time and place convenient for all your family.

The place should be private, local and comfortable. The aim is to provide a welcoming and safe environment.

## What happens next?

The co-ordinator will make sure anyone attending receives a copy of the plan agreed at the Family Group Conference. The success of your plan depends on everyone taking responsibility for their actions.

**If you are unhappy with anything during the Family Group Conference, you should discuss it with the co-ordinator.**

