

What people say about our training...

“ **Just Psychology’s training in culturally competent assessment** enormously developed my practice as a consultant clinical psychologist in the NHS and as an expert witness in the courts.

The course was small and interactive and allowed for the opportunity for such matters to be explored in real depth.

My confidence, competence and credibility have greatly increased as a result of it. I highly recommend it.

*Consultant Clinical Psychologist
& Psychotherapist*

“ **We commissioned Just Psychology to provide training on cultural competence** to groups of Family Support Members and Family Therapists taking part in a trial of Culturally-adapted Family Intervention for African-Caribbean people with psychosis.

Attendees rated the training extremely highly in terms of interest and relevance to their learning needs - in fact the most frequent feedback was that they wanted more!

Just Psychology took our needs on board and carefully tailored the content of each day towards the level of experience in each group. This approach allowed everyone to participate with confidence - which led to two very dynamic days of discussion!

Overall we were extremely pleased with the sessions and would recommend Just Psychology to anyone with similar training needs.

Research Project Manager, Culturally-adapted Family Intervention, Manchester Health & Social Care Trust/University of Manchester

Contact Us



Please get in touch for more information about our services and our fees

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Just Psychology CIC

Training Information Leaflet

We design and deliver training on a range of topics relating to cultural diversity and cultural competence

Just Psychology CIC is a not-for profit social enterprise. We are a multidisciplinary group of professionals providing services to address the psychological and mental health needs of children, adults and families with particular emphasis on cultural diversity, cultural competence and social justice.



Who can access training?

Our training aims to help those in different sectors to develop their awareness, knowledge, skills and confidence in working with children and families from Black and minority ethnic communities, and to innovate and share knowledge and expertise.

We are always happy to discuss and develop ideas for bespoke training in line with an organisation's requirements.

Organisations that have commissioned training from us include Children's Social Care, Child & Adolescent Mental Health Services (CAMHS), NHS trusts, local authorities, housing trusts and Third Sector agencies.



What kind of training do we offer?

Cultural Awareness Training

Increase awareness and understanding of issues in working with people from diverse cultural backgrounds, and raise awareness of some culturally-related safeguarding issues.

Culturally Competent Therapy: Engaging and Working With Children, Parents and Families Across Cultures

Explore therapy and intervention with a focus on reflection and practical skills for working across cultures.

Culturally Competent Assessment: Attachment & Safeguarding Across Cultures

Examine the comprehensive assessment of child development, attachment and parenting practices using a combination of theory and reflexive exercises to develop skills.

Psychometric Assessment across Cultures

Use a combination of reflexive exercises, theory and research to explore the use of cognitive and psychometric tests when working with children, adults and families from different cultural groups.

Other training we can offer:

- * **Equality and diversity**
- * **The impact of migration on families**
- * **Ethnicity and normal adolescent development**
- * **Racial and ethnic identity**
- * **Facilitating engagement with local Black and minority ethnic communities**
- * **Perceptions of disability across cultures**

Please get in touch if you are interested in a training topic not listed here.

We are happy to discuss how we might develop or adapt training to the needs of your organisation.

